Bilateral Changes In Knee Joint Laxity During The First Year After Non-Surgically Treated Anterior Cruciate Ligament Injury

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Summary: Knee laxity increased bilaterally during the first year after non-surgically treated ACL injury and knee laxity was weakly associated with knee function and perceived knee stability.

Category: Knee - ACL

Kinesiophobia and Self-Reported Outcome Measures Are Not Related To Knee Function And Muscle Strength 5 Years After Anterior Cruciate Ligament Reconstruction

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Summary: At 5 years after ACLR, operated leg functional performance is equal to that of the non-operated leg; however, kinesiophobia is present in nearly half of patients.

Category: Knee - ACL