Editorial

Shoulder osteoarthritis across the lifespan

Since we encounter patients with degeneration of the glenohumeral joint in all age groups, it is important to oversee the entire span of different treatment options within the different age groups. It is common sense that the primary treatment of symptomatic GHOA is a conservative approach, unless pain and limited function strongly influence the quality of life. Multiple treatment options have been shown as to how and when to start this first-line treatment. In this issue, there is a specific article exactly highlighting this approach.

If surgical treatment is necessary, the execution of the surgical technique should be performed according to the latest knowledge to ensure the best survival of the implants with long-lasting functional benefits for the patients. At this point, the discussion is about whether to choose an anatomical resurfacing or to use a reversed implant design. Both concepts are also described within this issue, with deep insights into the process of indication and what to expect as outcome parameters.

Therefore, the aim of this special issue is to evaluate the different treatment options with a special focus on the different age groups of the patients and the optimal application of each treatment tool. The spectrum should cover all the options for treatment of shoulder OA across all our patients.

We hope that this issue will be refreshing and educative and help in understanding the treatment of GHOA.

Conflict of interest

Both authors have no conflict of interest related to this editorial.

References


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